



Mount Everest 2016 - Blog No 1:
Arrival in Katmandu

Dear all,

I wanted to give you a quick update on how Jaco is doing. He arrived safely in Kathmandu last Monday and had a few days there to relax, wind down and meet up with a friend from his Antarctica expedition. Of course he also met his fellow expedition team members. It seems to be a strong and experienced team with members from USA, Kenya, Japan, Germany and New Zealand. They have an expedition doctor actually climbing with them, which is reassuring! There is also a big camera crew from Discovery Channel who will be joining them for part of the expedition. They will video rescue operations ... Russell told Jaco he won't make it on TV as he is not interesting enough for them (young, strong, healthy, fit, social, balanced guy – not sensational enough for television. I guess we take that as a compliment!).

This morning they departed very early from Kathmandu to Llukla by helicopter and started their tracking. They will take ten days to get to Everest Base Camp (2 days walking, 1 day rest, etc.). Tonight, they are staying overnight in a place called Monjo. He says he feels very strong and seems to be in good spirit.

That's it for now. I will keep you all posted.

Regards,
Daan